

October/November 2010

Kalamazoo Wraps News

IMPROVING LIVES THROUGH COLLABORATION

Youth, Parents, Community Members and Service Providers are Invited to a Special 2-day Conference Regarding the Creation of Systems of Care.

System of Care community members, service providers, and community leaders have joined together to create a wonderful opportunity to learn about successful outcomes within the Kalamazoo, Ingham, Kent, and Wayne County Systems of Care, in addition to meeting some of the parents and youth who've been most instrumental to their success!

On Wednesday and Thursday, October 27-28, 2010, a state-wide conference will take place at the Radisson Hotel in downtown Lansing. The 2-day conference will provide an overview of systems of care creation, and detail the implementation of evidence-based and promising practices within the framework of the system of care values:

- Family Driven
- Youth Guided
- Accessible and Effective Services
- Culturally and Linguistically Competent Services
- Individualized Care
- Coordinated and Collaborative Care

JOIN US!

Scholarships are available for youth and family members!

Contact Renee Huff,
Public Education & Social
Marketing Coordinator for
Kalamazoo Wraps, at
269-553-8123.

Conference schedule
updates can be found at
www.impactssystemofcare.org

Systems of Care: October 27-28, 2010



Partnership and Possibilities: Sustaining Collaboration in Challenging Times

Join us for the third annual
Systems of Care Conference

in collaboration with the
Association for Children's Mental Health

Radisson Hotel in Lansing, MI
October 27-28, 2010

Radisson Hotel Lansing
111 North Grand Avenue
Lansing, MI 48933
(517) 482-0188

Register online at:

www.impactssystemofcare.org

Registration fee: \$75

Family scholarships available
Social Work CEs available

Sponsored by:

- Impact: Ingham County System of Care
- State Court Administrative Office (SCAO)
- Connections: Wayne County Systems of Care
- Association for Children's Mental Health (ACMH)
- Michigan Department of Human Services (MDHS)
- Michigan Department of Community Health (MDCH)
- Michigan Council on Crime and Delinquency (MCCD)
- Kalamazoo Wraps: Kalamazoo County System of Care
- Community Family Partnerships: Kent Co. System of Care

Systems of Care is making a Difference!

Hear youth and families share their experiences within Systems of Care and learn how implementation has improved service delivery and outcomes. Featuring:

Ed Latessa, Professor and Director, College of Education, Criminal Justice, and Human Services, University of Cincinnati

Frank Rider, Technical Assistance Coordinator, Technical Assistance Partnership, Child and Family Mental Health

William McCoy, Founder, The McCoy Company; Consultant, U.S. Department of Justice Office for Juvenile Justice and Delinquency Prevention

Workshops Related to:

Child Welfare; Mental Health; Juvenile Justice; School; Building a System of Care; Youth and Family Involvement in Systems of Care and much more!

Systems of Care Values:

- Family Driven
- Youth-guided
- Individualized care
- Accessible and effective services
- Coordinated and collaborative care
- Culturally and linguistically competent services

Hotel Accommodations:

Radisson Hotel Lansing: \$65/night plus tax for October 26 and 27, 2010. To receive discounted group rate, use Promotional Code: **CEISOC**

Reservations may also be made on the website at:
www.radisson.com/lansingmi

Our Vision: To Improve The Lives of Youth With Serious Emotional Disturbances (SED) And

Parent Advisory Group

Parent Advisory Group (PAG) would like to invite you to join us in our mission: To empower parents (like you) to provide input into Kalamazoo Wraps, so together we can enhance the quality of life for our youth, families and community.

Why should you join PAG?

PAG is a group that shares their voice to improve the system that takes care of children with emotional and behavioral problems. All parents who join PAG bring their experience to the table. If you want your voice heard, we provide the platform for you to make it count.

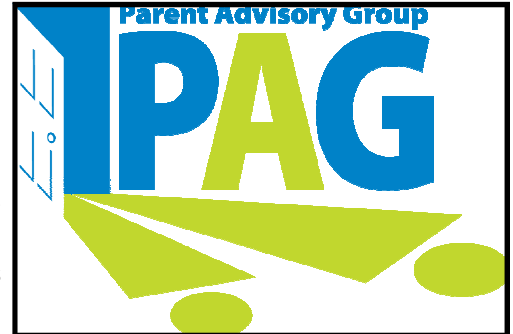
Who do we share our voice with?

The entire system of care, through the partnership with Kalamazoo Wraps.

PAG members have recently completed reviewing and updating the workgroup's Strategic Plan. Roles of PAG members are clearly defined. Kathy Taylor is the new workgroup Chair and Sharon Nichols is the new Co-Chair.

PAG is in the process of creating bi-laws and have created policy manuals, which add even more structure and growth to the group.

PAG is also currently working on team-building and leadership training. We're are truly moving forward at all levels. Join us! For more information about PAG, please contact Kathy Howard at 269-343-5896 or at KathyH@askforkids.org.



Now you can find current news from PAG on Facebook! The group name is: "Kalamazoo Parent Advisory Group".

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SAVE THE DATE!

The Michigan Developmental Disabilities Council's Family Support Work Group is hosting a free one-day informational seminar at the Plainwell Comfort Inn **October 27, 2010**.

The seminar will be for parents and families in Allegan and Kalamazoo Counties.

Topics include:

- Person-Centered Planning, Family-Centered
- Inclusive Recreation Opportunities
- Practice, Self-Determination
- Kalamazoo CMH Services
- Inclusion
- And More!

Please plan to attend and look for more information to come!

For more information, please contact Tracy Vincent at 517-334-7342 or by email vincenttr@michigan.gov

Calling All Youth

Congratulations to Calling All Youth (CAY) for being one of the eight youth-serving programs in Michigan to be selected to participate in the “Youth Driven Spaces” initiative!

Youth Driven Space (YDS) is a 2-year project funded by the W.K. Kellogg Foundation that seeks to provide intensive training and coaching/consulting for youth-serving programs that are interested in developing opportunities for youth to authentically lead programs and share in their organizational governance.

The Youth Driven Space (YDS) approach has been effective in increasing participation in older youth, helping to provide high quality programs that are exciting for those youth, and assisting young people to develop a range of important “21st century skills” such as leadership, communication, and critical thinking.

Six members of our youth advisory board Calling All Youth (CAY), three staff from Advocacy Services for Kids (ASK), and one staff from Kalamazoo Community Mental Health and Substance Abuse Services (KCMHSAS) attended a three-day residential training to kick off the Youth Driven Space (YDS) program. While at the training institute we gained a more concrete understanding of the principles of youth-driven practice that will assist us in making plans for organizational and program changes throughout the Kalamazoo Wraps System of Care. We are committed to being family-driven and youth-guided in all that we do, and we are excited for this opportunity to develop strategies for growth.

Make sure to check out our next issue for a report on how we are implementing these changes. We’ll make sure to keep you posted!

For more information about Calling All Youth, please contact Mackenzie Hunter, Youth Involvement Coordinator for Advocacy Services for Kids (ASK) at mackenzieh@askforkids.org or 269-343-5896.

Training

The Kalamazoo Wraps Training Workgroup continues work on reviewing the feedback from the Training Needs Survey and taking action on several themes. A key focus for this workgroup has been to ensure that important System of Care trainings and information are sustained after the last year of SAMHSA funding.

The group has requested training presentations on the following topics:

- An Overview of Wraparound
- System of Care: History and Orientation
- Qualifying for and Assessing KCMHSAS Services
- An Overview of Integrated Co-occurring Treatment (ICT)
- An Orientation to Positive Behavior and Literacy Supports
- Family Driven/Youth Guided: Strategies for Implementation
- An Overview of Parent Management Training Oregon Model
- Strategies for Improving your Organization’s Cultural Competence
- Measuring Cultural and Linguistic Competence at the Organizational Level
- An Overview of Motivational Interviewing/Motivational Enhancement Therapy/Cognitive Behavioral Therapy (MI/MET/CBT)

The Training Workgroup will next focus on how to disseminate this information. Venues could include on-line training, sample presentations available on the Kalamazoo Wraps Website, or more detailed trainings for live audiences.

For more information about the Training Workgroup, please contact Rebecca Clore, Community Trainer, at rclore@kazooocmh.org or 269-553-8110.

Cultural & Linguistic Competence

Creating Change in Kalamazoo

The Cultural & Linguistic Competency (CLC) workgroup has been busy updating and revising our Cultural & Linguistic Competency Plan for the upcoming year. We've also been working with the Regional Cultural & Linguistic Competency Committee of Kalamazoo Community Mental Health & Substance Abuse Services (KCMHSAS) to update and expand the training module that educates staff about how to best serve individuals considered to have "Limited English Proficiency". Our workgroup has also reviewed a request for new training resources and will soon begin working on a presentation for developing "Strategies to Increase the Cultural and Linguistic Competency of an Organization".

Anyone interested in helping develop this presentation is invited to join the Kalamazoo Wraps CLC Workgroup.

Two projects which have been especially productive this summer are the **Summit on Racism's Employment Initiative** and the **Family Acceptance of Children and Teen (FACT)** which helps educate our community about the needs of youth who are lesbian, gay, bisexual or transgender (LGBT).

The Summit on Racism's Employment workgroup has just completed compiling the results of the first organizational Pilot Survey to address "Institutionalized Racism". KCMHSAS was pleased to be a participant in this important effort to eliminate "Institutionalized Racism".

Kalamazoo Wraps has been involved in this important initiative and we're pleased to report that the aggregate results from the Pilot Survey will be shared at the Summit on Racism's annual conference on Thursday, October 7, 2010.

The keynote speaker at this year's Summit will be John A. Powell, J.D., from the Moritz College of Law at Ohio State University. Professor Powell is Executive Director of the Kirwan Institute for the Study of Race and Ethnicity. He is an internationally recognized authority in the areas of civil rights and civil liberties and an expert on a wide range of issues including race, structural racialization, housing and poverty. Professor Powell has worked and lived in Africa and serves as a consultant to the governments of Mozambique and South Africa. For more information about this year's Summit on Racism please contact Maria Newhouse, Criminal Justice Community Advocate, at cjce@ywcakalamazoo.org.

Kalamazoo Wraps was pleased to co-sponsor FACT's educational booth at the Mothers of Hope third annual Ultimate Family Reunion. Kalamazoo Wraps contributed rainbow wristbands and educational materials for this event. Over 4,500 children and families attended this year's Reunion. FACT distributed several hundred flyers to families regarding how they can best support young people who are LGBT.

In closing we'd like to express our sorrow about the recent passing of Kalamazoo City Commissioner, Terry Kuseske. Terry worked tirelessly for equality and justice and was an active role model for the hundreds of children who learned about Social Studies by following the example of their teacher, Mr. Kuseske. You'll be missed.

If you're interested in volunteering, or learning more about the work of the Cultural and Linguistic Competency workgroup, FACT, or the Summit on Racism's Employment Initiative, please contact Sharon Roepke at sroepke@kazooemh.org or 269-553-8118.



We have more good news from Kalamazoo Wraps' participants in the National Evaluation.

As part of the Study for the National Evaluation, we interview caregivers and youth when they first enter the System of Care for services, and again every 6 months for up to 3 years.

Listed below, we have compared responses from the first interview, with the one 18 months later.

So what happened with the families during their first 18 months in the study?

Stability in living arrangements increased over time. Stable living is defined as living in the same household for the past six months, without hospitalizations, stays in the juvenile home, or other places. Over an 18 month period; the percentage of youth with stable living arrangements increased from 67 percent to 90 percent (sample size=67).

School behavior improved over time. Two thirds (66%) of youth had been suspended and/or expelled within the six months prior to their first interview. Eighteen months later, this proportion had dropped to less than one third (31%) (sample size=36).

Aggressive behavior decreased over time. Half of youth reported having been a bully or displaying threatening behavior in the six months prior to their first interview. Eighteen months later, this proportion had dropped to 13 percent (sample size=38). Even more notably, the percentage of youth who reported having "hit someone or got into a physical fight" dropped from 74 percent to 13 percent over the same 18-month timeframe.

Families are better able to cope. At the first interview, 62 percent of parents stated that their family could "rely on each other when problems arise." Eighteen months later, this increased to 84 percent. Likewise, 35 percent of parents first stated that their family could "solve problems their child has when they happen." Eighteen months later, this proportion rose to 69 percent (sample size=68).

To view more Kalamazoo Wraps System of Care, visit our website at www.kalamazoowrapsevaluation.org.

Community Events

Family Support Group

For Parents and Caregivers of Children with Mood, Behavior, or Emotional Challenges.

ASK's Family Support Group is a place for parents and caregivers to meet, network, gain valuable resources and share ideas, concerns and solutions.

Meetings are held on the First Monday of Each Month

Prince of Peace Lutheran Church, 1747 W. Milham Road, Portage, MI

Childcare Available

*No cost to attend

*Bi-Monthly Guest Speakers

Contact Christine Eckrich, Parent Support Partner for ASK, at 269-492-1757

Bring the kiddies and join us for a relaxing good time.

Just For Fun!

Kalamazoo Wraps has worked to implement many successful services, programs and practices, which benefit youth and families in Kalamazoo. You've heard about them, read about them, and talked about them, but are you able to define them?

Check out the terms listed below and see if you can match them up with their definitions. Good Luck!

1. _____ Wraparound
 2. _____ Systems of Care (SOC)
 3. _____ Directive Supervision (DS)
 4. _____ Integrative Action Team (IAT)
 5. _____ Cultural & Linguistic Competence (CLC)
 6. _____ Integrative Co-occurring Treatment (ICT)
 7. _____ National Child and Family Outcome Study
 8. _____ Parent Management Training-Oregon Model (PMTO)
 9. _____ Positive Behavior Interventions and Supports (PBIS)
 10. _____ Substance Abuse and Mental Health Services Administration (SAMHSA)
- A. The team whose members oversee the governance of the Kalamazoo Wraps grant initiative.
 - B. Providing services (and behaving) in a way that demonstrates respect for another persons beliefs, values, ethnicity, sexual orientation, culture and language.
 - C. A method for supervisors and their staff to work together on learning the skills necessary to implement practices with families that reflect the values of the agency.
 - D. An integrated treatment approach, which utilizes an intensive home-based service delivery model that, serves youth with the co-occurring conditions of substance abuse and serious emotional disability.
 - E. A proactive systems approach for creating and maintaining safe and effective learning environments in schools, and ensuring that all students have the social/emotional skills needed to ensure their success at school and beyond.
 - F. A branch of the U.S. Department of Health and Human Services, charged with improving the quality and availability of prevention, treatment, and rehabilitative services in order to reduce illness, death, disability, and cost to society resulting from substance abuse and mental illnesses.
 - G. A 6-year, longitudinal study, conducted by the Kalamazoo Wraps Evaluation Team throughout the life of the Kalamazoo Wraps grant award period, to measure the outcomes of service provision. Participants are youth with serious emotional disturbance and their family members currently being served by Kalamazoo Community Mental Health & Substance Abuse Services (KCMHSAS).
 - H. A holistic approach to serving youth. The entire community collaborates and works together to serve youth with an integrated plan involving family, friends, schools, faith-based organizations, counselors, court system, service providers and advocates. This ensures that the care of youth is Family-Driven, Youth-Guided, and Culturally and Linguistically Competent.
 - I. A process that provides an opportunity for families to bring the people who know them best, together, to work on developing a plan to meet their needs and achieve their goals. The team consists of both professionals and the family's natural supports (i.e. neighbors, friends, relatives, ect.). The focus is on strengths and the entire family is involved. It is a family driven, strengths based, needs driven, culturally responsive, individualized, family centered *process*, which includes natural and informal supports.
 - J. An evidenced-based structured intervention program to empower parents and caregivers, as the primary treatment agents, to manage the behavior of the children they are responsible for. It is designed to promote social skills and cooperation and prevent, reduce and reverse the development of moderate to severe conduct problems in children. This model trains parents to manage their child's behavioral problems by applying social learning techniques to parent-child interactions for measurable and durable results.

Answer Key: 1. I, 2. H, 3. C, 4. A, 5. B, 6. D, 7. G, 8. J, 9. E, 10. F

For Siblings of Youth with Mood, Behavioral, or Emotional Challenges

A Sibshop is a workshop designed for brothers and sisters of persons with special needs to get together, have a good time, and be themselves.

Sibshops provide youth with opportunities to meet other siblings of youth with special needs and share their experiences.



Siblings of Youth who have Mood, Behavioral, or Emotional Challenges

are invited to join our Sibshop on

Saturday, October 23, 2010

10:00 am – 1:00 pm (*Lunch provided!*)

Georgian Room inside the Nazareth County Bldg.

3299 Gull Road, Kalamazoo, MI 49048

For Participants Ages 11-15

\$8.00 Registration Fee - Prior Registration is Required - Partial scholarships may be available.

For more information contact Mackenzie Hunter at 269-343-5896, or complete the registration form below and mail with payment to:

Advocacy Services for Kids, 414 E. Michigan Ave. Kalamazoo, MI 49007

Child's Name: _____ **Parent/Guardian Name:** _____

Child's Age: _____ **Address:** _____

City: _____ **State:** _____ **Zip Code:** _____ **Phone Number:** _____

E-mail Address: _____

Registration Fee: \$8.00 Pre-registration. Please make checks or money orders payable to: Advocacy Services for Kids (ASK)

I would like to request Scholarship Assistance Yes No Amount Requested \$ _____

Are there any dietary Accommodations needed? Yes No Describe _____

I hereby give permission for my child to participate in Sibshops. I also agree to hold Kalamazoo Sibshops harmless for any and all liability incurred as a result of my child's participation. Further, I grant full permission to use any photographs, videotapes, recordings, or any other record of this program for the purpose of education and promotion of Sibshops.

Signature of Parent/Guardian

Date

Advocacy Services for Kids
414 E. Michigan Avenue
Kalamazoo, MI 49007

The Family Resource Center for KALAMAZOO WRAPS

WHO IS KALAMAZOO WRAPS?

Parents, Youth, Citizens of Kalamazoo County, Private and
Public Agencies serving Kalamazoo County...

....AND YOU!

