

# **KALAMAZOO WRAPS!**

Report  
2/21/2006

**SAMHSA Grant Application: Child Mental Health Initiative/SMA-05-010**

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## **Project Overview**

The community of Kalamazoo County has been awarded a grant, by the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA), to implement ***Kalamazoo Wraps***. This project is a partnership, which includes families, youth and representatives from the child and family serving agencies within the community whom have made a commitment to improving the way that services are provided. This project will focus on building upon the system of care work begun by the community in 1996. The focus will be on:

- 1) Partnering with families as equals in designing service policy and family service plans.
- 2) Assuring families' needs, strengths, beliefs, culture and language determine which services and resources are provided.
- 3) Demonstrating that children are the responsibility of the entire community.
- 4) Community commitment to caring for children in their homes and schools through integrating services.

The ***Kalamazoo Wraps*** project will utilize the philosophy/promising practice of Wraparound, which is a proven collaborative process, to provide multiple services and the supports needed to assist children and their families in the achievement of their goals. This commitment includes making families equal partners in designing human service policy and in family service plans, while providing the opportunity for families and youth to work with many service providers across all public human service systems.

## **Target Population**

The target population for the ***Kalamazoo Wraps*** project is children and adolescents 0-21 years of age with a serious emotional disturbance that results in functional impairments such that the youth requires multi-system interventions.

## **Evidence Based & Promising Practice Models**

***Kalamazoo Wraps*** will work to expand the community's capacity to provide an array of effective, research-based and integrated mental health services, treatments and supports. These services will include:

- Positive Behavioral Interventions and Supports
- Parent Management Training - Oregon
- Integrated Co-Occurring Treatment for Youth with Substance Abuse and Mental Health Disorders
- Directive Supervision
- Wraparound
- Developmental Pediatrics
- School Linked Psychiatry
- Sensory Integration

## **Community Partners**

Many community partners have been involved in the ongoing improvement of the local system of care and in the planning, development and implementation of ***Kalamazoo Wraps*** project:

- Advocacy Services for Kids: local Chapter for the Federation of Families
- Area Agency on Aging
- Community Members from Kalamazoo, Michigan
- Department of Community Health
- Department of Labor and Economic Growth
- Eastern Service Area: Climax Scotts Community Schools, Comstock Public Schools, Galesburg-Augusta Community Schools, Gull Lake Community Schools, & Parchment School District
- Greater Kalamazoo United Way, Inc
- Kalamazoo County 9<sup>th</sup> Circuit Court- Family Division
- Kalamazoo County Multipurpose Collaborative Body
- Kalamazoo Community Mental Health and Substance Abuse Services
- Kalamazoo Department of Human Services
- Kalamazoo County Human Services Department
- Kalamazoo Public Schools
- Kalamazoo Regional Educational Service Agency
- Kalamazoo Youth Development Network
- Kinetic Kids, LLC
- Michigan Department of Education
- Michigan Department of Human Services
- Michigan State University/Kalamazoo Center Medical Studies
- Office of the Prosecuting Attorney
- Parents
- Portage Public Schools
- Western Michigan University, Kercher Center
- Workforce Development Board, Michigan Works!
- Youth Representative

## SAMHSA Goals

1. **Expand Community Capacity**
2. **Provide Broad Array of Services**
3. **Individualized Service Plans**
4. **Culturally and Linguistically Competent Practices**
5. **Promote Family/Youth Involvement**

## Kalamazoo Wraps Goals (which correspond directly with SAMHSA's Goals)

### 1. **Implement Evidence-Based and Promising Practices**

#### **Progress:**

- A. Planning for the implementation of the **Integrative Co-Occurring Treatment model** is underway. Consultation with Rick Shepler and Patrick Canary began with an orientation presentation to 16 representatives from the community including 3 parents, 1 youth, mental health, court, providers, and evaluators from Western Michigan University.
- B. Expansion of **Wraparound** Services will be implemented when we receive clearance from the National Evaluation and space has been identified for staff.
- C. Planning for the implementation of the **Positive Behavioral Interventions and Supports** is underway. Two preliminary meetings have taken place with representatives from the schools, local and state Positive Behavioral Supports experts, evaluation, and mental health. A consultation meeting is scheduled with Lucille Eber 3/13/06 to discuss the training and development needs to expedite the collaboration needed between the schools, mental health and community to further develop this model between and within these the two systems. Parents have been invited to this meeting to begin partnering with mental health and the schools on the needed training and implementation needs.
- D. Luann Gray, KCMHSAS Home Based Supervisor, has just completed her **Parent Management Training**. She is one of two persons in Michigan who is now able to move toward becoming a certified trainer of the model. Kalamazoo's Community Trainer, Rebecca Clore, is currently in the process of completing her initial training. Kalamazoo Community Mental Health & Substance Abuse Services is working with Department Community Health and the Oregon Social Learning Center to establish a training plan for the Kalamazoo Community Mental Health & Substance Abuse Services affiliation region and statewide implementation.

- E. Pat Miles, national consultant, is scheduled to come to Kalamazoo 3/13/06 to begin planning for the implementation of the **Directive Supervision** model. The first training for all children's mental health supervisors will take place in early May 2006. This training will be offered to all child serving agencies and systems throughout the county.
- F. Department Community Health is currently working with our Wraparound program on assessing fidelity of the model. Coordination with the local, state and national evaluations will be a key strategy in assuring model fidelity as the Wraparound model is disseminated throughout the county.
- G. **Developmental Pediatrics** – Dr. Sloane and Dr. John Board have continued to provide consultation and training for Kalamazoo Community Mental Health & Substance Abuse Services staff and providers. Dr. Sloane is an option for evaluation and medication management for consumers. We are currently working to establish a pediatric model that links psychiatry and pediatrics with ongoing medication management. This will be done through the hiring/contracting with a pediatrician to begin providing the link between pediatric and behavioral services in the Kalamazoo Community Mental Health & Substance Abuse Services Med Clinic.
- H. **School Linked Psychiatry** - Dr. Kauffman has begun providing in school psychiatric services at Valley Center. Feedback from staff, parents, youth and clinicians is that this process is working out very well. Improved communication between the teacher, therapist, psychiatrist and family has led to some very successful interventions.

## 2. **Cross System Use of Same Screening/Treatment and Support Protocols Progress:**

- A. Development and implementation of screening, treatment and support protocols have begun. Training and consultation are taking place through Kalamazoo Community Mental Health & Substance Abuse Services. The focus of implementation at this time is within the major service providers for Kalamazoo Community Mental Health & Substance Abuse Services, Family and Children's Services and the direct operated programs.
- B. A Screening tool is now being used by providers and Access to establish medical necessity such that specialty assessments (Occupational Therapy/Sensory Integration, Neuropsychological) and follow-up services can be provided.

### 3. Strong Infrastructure for County Wide System of Care in Place

#### Progress:

- A. The **Integrative Action Team**, governing body, for the project meets monthly and provides oversight to the project. Additional membership of parents and youth on the IAT are a top priority. Currently there are four parents and two youth participating. An orientation packet and training are being developed prior to additional members being recruited.

The **Executive Committee** meets weekly and provides the day-to-day management of the grant. The following **workgroups** are in the development phase:

- Evaluation
- Cultural and Linguistic Competency
- Sustainability and Financial
- Care Review Team and Expert Assistance Team
- Evidence Based and Promising Practices
- Family Support Advisory Council
- Communication and Marketing
- Training

Recent feedback from parents and youth from the orientation workgroup have suggested that establishing more creative methods of obtaining youth and family input may be more helpful and inclusive than the traditional structure of establishing formal workgroups. The group is exploring options of taking the request for assistance and input out into the community in a multitude of venues.

B. ***Kalamazoo Wraps*** Staffing:

Pat Weighman, KCMHSAS Deputy Director	Co-Principal Investigator
Sandy Roethler, ASK Executive Director	Co-Principal Investigator
Michelle Houtrow, KCMHSAS	Co-Project Director
Dianne Shaffer, ASK	Co-Project Director
Renee Huff, KCMHSAS	Technical Assistance Coordinator
Alex Unwin, ASK	Youth Coordinator
Pamela Pellerito, KCMHSAS	Clinical Director
Chris Holmes, ASK	Social Marketing Coordinator
Vikki Curtis, WMU	Lead Evaluator
Laura Mahank, KCMHSAS	Contracts Manager

### 4. County Wide Individualized Wraparound Model Implemented

#### Progress:

This goal will be achieved through multiple strategies:

- **Wraparound** training is currently available at the state level through the Department of Community Health and Department of Human Services to all service providers, community partners and families. Local

Wraparound trainings are also available to all community members. An increased focus will be on providing the training and ongoing support to maintain the model fidelity. Parent and youth involvement will be requested in all facets of the trainings (i.e. presenters, trainers and participants).

- Pat Miles, national consultant on **Directive Supervision and Wraparound**, will be providing assistance on the diffusion of the model throughout the community with a targeted focus on providing tools for supervisors to begin coaching and evaluating based on the values of Wraparound. Multiple strategies will be put into place to assure model fidelity such as training, linking to the evaluation processes, access to both a Care Review Team and a Technical Assistance team which will provide support through review, consultation and barrier busting.
- Lucille Eber, national consultant on **Positive Behavioral Interventions and Support and School Based Wraparound**, will be providing assistance on the dissemination of the Wraparound model throughout the community with a focus on linking community intervention strategies and specialty mental health services as part of the Positive Behavioral Interventions and Supports model. These efforts are being coordinated with the local and state efforts, which are already underway. Margie McGlinchey, state consultant for Positive Behavioral Supports, has been involved in assisting this effort.
- Ongoing collaboration is taking place with the 9<sup>th</sup> District Circuit Court, Family Division as implementation of the **Co-Occurring Program** begins coordinating with the **Drug Court Program** and the new **Youth Transition Program**; targeting youth ages 16 – 21, utilizing the Wraparound model. Training, supervision and evaluation is being coordinated with the local and state Wraparound resources.
- Ongoing collaboration is taking place with the 9<sup>th</sup> Circuit Court, Family Division, Western Michigan University, and KCMHSAS to establish **Intensive Outpatient Services** for co-occurring, multi-system involved youth. A unit to train MSW students in multi-system intervention strategies is being established. Parent and youth involvement and input will be critical to the success of this effort.

## 5. Specialized Cultural and Linguistic Practices Implemented Progress:

A contract is being developed to hire Lonnie Duncan as the Cultural and Linguistic Consultant. He will chair the Cultural and Linguistic Competency workgroup. Specific action steps will be outlined in the strategic plan.

## 6. Family and Youth Partnerships Realized with All Agencies

### Progress:

Multiple steps have begun to attain this goal:

- Family members, parents and youth, are on all committees and sub committees.
- Family Support Advisory Council, is a subcommittee that also reports to the Kalamazoo Community Mental Health & Substance Abuse Services Board, is now functional. As a result of the focus groups, which included parents, youth, and professionals, members are working on a variety of issues; including the restructuring of the psychiatric service component. Several members are currently participating on the interview teams for the psychiatrist, nurse, and receptionist positions.
- Family members are invited, welcomed, and paid a stipend for committee work and attending meetings related to grant implementation.
- Families are invited to all SAMHSA meetings.
- Family members are assisting with the strategic plan development.
- A parent is the Co-Principal Investigator for ***Kalamazoo Wraps***
- Co-Project Director is an employee of the parent resource center—Advocacy Services for Kids (ASK)
- A series of community meetings is currently being planned as an attempt to more broadly reach out to parents, seek input, and provide information regarding the development of our local system of care.
- Parents and professionals together designed an orientation process for all new members who join the governance committee and subcommittees.
- A pilot training has occurred in which parents trained a group of professionals in person-centered planning/effective ways to work with parents.

## **7. Extensive Cross System Training Realized**

### **Progress:**

Rebecca Clore has been hired as the Community Training Coordinator for the system of care. The training summary for 10/1/2005-12/31/2005:

- 17 Cross System Trainings
- Multi-Agency Representation
- Parent Representation
- 243 Total Participants
- 90% Evaluation Return (78/86)
- 4.2 Overall Training Satisfaction (Scale 1-5)

Ongoing planning, scheduling and evaluation is taking place to assure that all trainings are made available to a variety of systems and have youth and family input with the development and implementation.

## **8. A Family Resource Center will be Developed to Support Families Served by All Systems**

### **Progress:**

The Family Resource Center will be located within the local child advocacy center, Advocacy Services for Kids. Sandy Roethler, Executive Director, is the Co-Principal Investigator for ***Kalamazoo Wraps***. Advocacy Services for Kids has hired a Co-Project Director, Youth Coordinator and a Social Marketer. Planning continues for the hiring of 2 Supports Coordinators and the linking of the Family Resource Center to the mental health intake processes. Staff of Advocacy Services for Kids currently work with families served by the mental health, education and court systems. The links between all of the systems are being strengthened through the partnerships of the Integrative Action Team.

## SAMHSA Contacts

<b>Gary Blau</b>	Chief of Child, Adolescent & Family Branch of the Center for Mental Health Services SAMHSA
<b>Hardy Stone</b>	Project Officer SAMHSA/CMHS
<b>Regina Hicks</b>	Director TA Partnership
<b>Brigitte Manteuffel</b>	Vice President & Principal Investigator ORC Macro, National Evaluation
<b>Pamela Denzmore</b>	Site Liaison, MPH Research Associate, ORC Macro, National Evaluation
<b>Maria Rodreguez</b>	President & Owner of Vanguard Communications, Director of “Caring for Every Child’s Mental Health” campaign
<b>Sheryl Schrepf</b>	Region III Technical Assistant Coordinator, RTAC for Region III, Director of Respite CLST Program Federation of Families
<b>Clarise Leslie</b>	Region III Technical Assistant Coordinator: Social Marketing, Associate Director Vanguard Communications

## National Consultant Contacts

<b>Lucille Eber</b>	Project Director Illinois Positive Behavioral Interventions and Supports Network
<b>Patrick Canary</b>	Director Center for Innovative Practices
<b>Rick Shepler</b>	Consultant/Developer for Integrative Co-Occurring Treatment Model Center for Innovative Practices (CIP) <i>(CIP is a coordinating center of excellence supported by the Ohio Department of Mental Health and the Stark County Community Mental Health Board)</i>
<b>Patricia Miles</b>	Owner Miles, Consulting, Inc. Wraparound & Directive Supervision
<b>Kay Hodges</b>	CAFAS Consultant Eastern Michigan University

## **Match & Sustainability**

### **1. Local Annual Match:**

• Department Community Health	\$ 10,000	(In Kind)
• Kalamazoo Regional Educational Service Agency	\$ 19,100	(In Kind)
• Substance Abuse	\$ 30,000	(Cash)
• Eastern Service Area	\$ 20,000	(Cash)
• Kalamazoo Community Mental Health & Substance Abuse Services	\$536,021	(Cash) minimum

### **2. Sustainability Strategies:**

- Incorporating services for families that are implemented into the community benefits plan.
- Sustaining services by redirecting existing resources from ineffective services.
- Maximizing effectiveness of current resources.
- Working to assure that the effective services are part of the Medicaid and General Fund service array.
- Identifying new funding sources such as:
  - a) 1915 (c) waivers (KCMSAS is currently partnering with DHS and DCH to apply for this waiver)
  - b) Application for Federal Mental Health Block Grants
  - c) Department of Education grant opportunities
  - d) Creating efficiencies in separately funded and delivered services to the dual diagnosis population (substance abuse and SED)
  - e) Foundations
- Infrastructure development will be sustained by working with consultants to develop local sustainable expertise.

